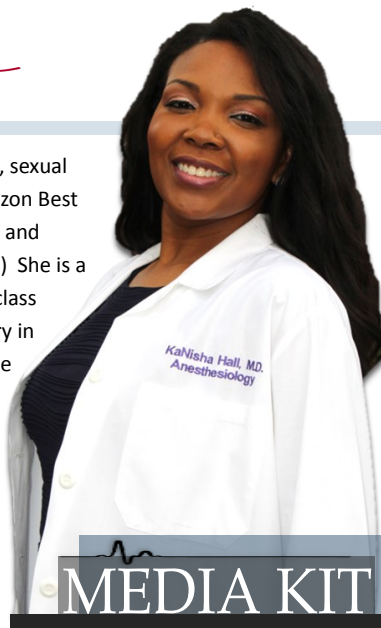


PHYSICIAN • COUNSELOR • AUTHOR • SPEAKER • FACILITATOR

*Dr. KaNisha L. Hall*

Look, Feel, and BE your best!

Dr. KaNisha L. Hall (Dr. KaNisha) is an anesthesiologist, sexual wellness coach and is furthermore the author of Amazon Best Seller "Sex After..." (A Woman's Guide To Empowered and Enhanced Sexual Experiences In The Evolution of Life.) She is a native of Shreveport, LA. After graduating top of her class from Louisiana Tech University with a B.S. in Chemistry in 2002, she succeeded with a second B.S. in Bio-Science Technology from Thomas Jefferson University in 2004. Adeptly, Dr. KaNisha ventured to Sagami, Japan to complete her fellowship in Cytopathology at Kitasato University. She attained a Doctorate of Medicine from Howard University in 2008, later completing her residency in anesthesiology at Louisiana Health Sciences Center in 2012. Ambition led her to matriculate at The University of Michigan where she studied as a cohort in sexual health and counseling.



Sexual Health Expert  
Motivational Speaker  
Educator

Today, her multifarious schedule is lined with tasks such as managing a medical practice, growing her conglomerate: Performance Medicine, LLC, conducting counseling sessions, lecturing at institutes and conferences, acting as a personal coach and most of all spoiling her beautiful daughter Ava Grace. Dr. KaNisha Hall lives by the motto "Look, Feel and BE your Best". In the spirit total self-care, she renders the ultimate experience with her book, hair and skincare line "Perform" and her line of intimate pleasure accessories, "Perform 2 Please". In her opinion, there is power in owning our sexual experiences in every way. She brings medical awareness to the importance of sexual health education in both women and men. It's greatly underserved topic.

Continued on next page...

WWW.DRKANISHA.COM



*Dr. KaNisha L. Hall*

Look, Feel, and BE your best!

...Biography Continued

Dr. Hall compiled her knowledge as a medical practitioner and counselor into one comprehensive guidebook entitled "Sex After..." Dr. KaNisha stated, "Too often, I would talk to women whose sex life was unfulfilling. I found that those who didn't nurture their sexual needs had other health and mental complications, as well. Having a healthy sex life has a profound impact on most aspects of life, which is why I knew that I had to redirect my energies and focus into the community." Her methodologies around creating sex/life balance display a candid yet iatrical point of view. Dr. KaNisha spends much of her time educating the masses on social media, and via features on radio podcasts, news sites, and blogs.

Dr. Hall's "A Sex-Positive Practice" curriculum offers a continuing education lecture series in sexual health for physicians, allied healthcare professionals, and mental health practitioners. The overall objective of the program is to improve sexual health awareness and to equip healthcare professionals with tools and strategies that will help them form an effective dialogue with their patients when discussing sexual health with their patients. Learn more about Dr. KaNisha at [www.Dr.KaNisha.com](http://www.Dr.KaNisha.com).



*"Ok Beloved, "Sex After..." is my ode to womanhood. Male or Female you were birthed of a woman and that alone is to be celebrated. This book is NOT erotica; However, It IS sexual awareness and sexual health.*

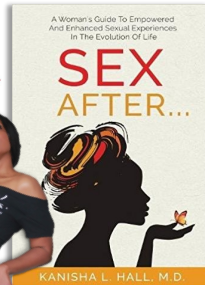
*I have been inspired by all the stronger wonderful women who raised me, especially my mother!"*  
-Dr. KaNisha L. Hall

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book now!

Dr. Kanisha L. Hall

Look, Feel, and BE your best!



Dr. KaNisha L. Hall's novel, "Sex After..." is the all encompassing guide to personal sexual empowerment for women of all generations. This work emanates from the sexual challenges faced by those closest to Dr. KaNisha L. Hall, in addition to many women observed in her daily medical practice. Dr. KaNisha L. Hall's desire to provide the tools to take ownership of their sexual the pages of this exceptional work, leading to situations circumstances, which span gene met



every woman with pleasure, permeate concrete solutions. A myriad of life with irrefutable pleasure strategies.

Every woman who reads "Sex After..." will be equipped to accept responsibility for creating their own sexual fulfillment and experience the optimal intimate experience.

## PROFESSIONAL SPEAKING POINTS

**1. "Sex After..."** Each chapter in this book presents hot topics for discussion towards Women's Empowerment and Sexual Health Practices. Dr. Hall is well versed with the challenges women face to preserve their sexuality in the face of adolescences to menopause including fertility, cancer, work/life balance and so much more.

**2. "Explosions:"** In general, many women have resigned themselves to a reality that sex just won't be a consistently pleasurable entity in their lives. Dr. KaNisha L. Hall confronts this way of thinking head on, while offering irrefutable strategies to creating a consistently highly pleasurable sexual experience.

**3. "Sexual Health:"** "Sexual Health" educates audience members with strategies for creating and maintaining optimal sexual health. Attendees will leave with an awareness of how to be proactive when it comes to sexual health and intuitive with their bodies.

**4. "A Sex Positive Practice:"** Dr. Hall has specific lecture series designed for physicians, allied healthcare professionals, and mental health practitioners in various settings of practice to develop care plans for sexual health.

\*Special Event Booking Fees Are Available Upon Request\*

Dr. Kanisha L. Hall

Look, Feel, and BE your best!



Empowering Women To Feel Comfortable

Talking About Sexual Health

This multi-faceted physician has found time to develop her own hair and skin care lines along with a collaborative venture of offering sexual health devices and novelty accessories. She takes her mission to enlighten and empower women very seriously. It is her desire to give them unique tools that will help them fulfill their wildest dreams and to be confident in themselves.



Dr. KaNisha Hall offers a line of intimate feminine accessories to equip every woman with the tools to stimulate and titillate her sexual being. Dr. Hall encourages all to engage in safe sex practices while embracing one's personal sexuality. Perform 2 Please was created to help women achieve unparalleled pleasure and satisfaction, empowering them with the ability to make their own wildest dreams come true. <https://www.perform2please.com>

# PERFORM

by Dr. Kanisha L. Hall

"There's something to be said about looking in the mirror and LOVING everything YOU see."

Dr. Kanisha L. Hall

Dr. Kanisha L. Hall

Look, Feel, and BE your best!



[www.performhairskin.com](http://www.performhairskin.com)